

Variations in MSA Rules by U Division

Revised August 23, 2009

| League | Age Division | Team # Prefix | Team Roster Size | Team Play | Approx Field Size | Goal Size | Ball Size | # of Periods /Halves | Pre-Game Warm-Up (Minutes) | Period Lengths (Minutes) | Minutes Between Periods | Indirect Fouls Only | 2 nd Chance Throw-In | Offsides | Goal-keeper | Keeper Playing Limit | Referees |
|---------------------------|--------------|---------------|------------------|-----------|-------------------|-----------|-----------|----------------------|----------------------------|--------------------------|-------------------------|---------------------|---------------------------------|----------|-------------|----------------------|----------|
| Instructional (Spring) | U5 Boys | IM05 | 5 – 6 | 3 v 3 | 25 x 20 | 4 x 6 | 3 | 4 | 5 | 8 | 2-5-2 | Yes | Yes | No | No | N/A | Coaches |
| | U5 Girls | IF05 | 5 – 6 | 3 v 3 | 25 x 20 | 4 x 6 | 3 | 4 | 5 | 8 | 2-5-2 | Yes | Yes | No | No | N/A | Coaches |
| | U6 Boys | IM06 | 6 – 8 | 4 v 4 | 35 x 25 | 4 x 6 | 3 | 4 | 5 | 10 | 2-5-2 | Yes | Yes | No | No | N/A | Coaches |
| | U6 Girls | IF06 | 6 – 8 | 4 v 4 | 35 x 25 | 4 x 6 | 3 | 4 | 5 | 10 | 2-5-2 | Yes | Yes | No | No | N/A | Coaches |
| | U7 Boys | IM07 | 6 – 8 | 4 v 4 | 40 x 30 | 4 x 6 | 3 | 4 | 10 | 10 | 2-5-2 | Yes | Yes | No | No | N/A | Coaches |
| | U7 Girls | IF07 | 6 – 8 | 4 v 4 | 40 x 30 | 4 x 6 | 3 | 4 | 10 | 10 | 2-5-2 | Yes | Yes | No | No | N/A | Coaches |
| | U8 Boys | IM08 | 8 – 9 | 5 v 5 | 45 x 35 | 6 x 12 | 4 | 4 | 10 | 10 | 2-5-2 | Yes | Yes | No | Yes | 1 Period | Coaches |
| | U8 Girls | IF08 | 8 – 9 | 5 v 5 | 45 x 35 | 6 x 12 | 4 | 4 | 10 | 10 | 2-5-2 | Yes | Yes | No | Yes | 1 Period | Coaches |
| Recreational (Spring) | U10 Boys | RM10 | 10 – 11 | 6 v 6 | 55 x 45 | 6 x 18 | 4 | 4 | 10 | 12 | 2-5-2 | Yes | Yes | No | Yes | 2 Periods | 2 |
| | U10 Girls | RF10 | 10 – 11 | 6 v 6 | 55 x 45 | 6 x 18 | 4 | 4 | 10 | 12 | 2-5-2 | Yes | Yes | No | Yes | 2 Periods | 2 |
| | U12 Boys | RM12 | 12 – 14 | 8 v 8 | 80 x 60 | 6 x 18 | 4 | 4 | 10 | 15 | 2-5-2 | No | No | Yes | Yes | 2 Periods | 2 |
| | U12 Girls | RF12 | 12 – 14 | 8 v 8 | 80 x 60 | 6 x 18 | 4 | 4 | 10 | 15 | 2-5-2 | No | No | Yes | Yes | 2 Periods | 2 |
| | U15 Boys | RM15 | 12 – 14 | 8 v 8 | 80 x 60 | 6 x 18 | 5 | 2 | 10 | 35 | 5 | No | No | Yes | Yes | 2 halves | 3 |
| | U15 Girls | RF15 | 12 – 14 | 8 v 8 | 80 x 60 | 6 x 18 | 5 | 2 | 10 | 35 | 5 | No | No | Yes | Yes | 2 halves | 3 |
| Instructional (Fall) | U5 Boys | IM05 | 5 – 6 | 3 v 3 | 25 x 20 | 4 x 6 | 3 | 4 | 5 | 8 | 2-5-2 | Yes | Yes | No | No | N/A | Coaches |
| | U5 Girls | IF05 | 5 – 6 | 3 v 3 | 25 x 20 | 4 x 6 | 3 | 4 | 5 | 8 | 2-5-2 | Yes | Yes | No | No | N/A | Coaches |
| | U6 Boys | IM06 | 6 – 8 | 4 v 4 | 35 x 25 | 4 x 6 | 3 | 4 | 5 | 10 | 2-5-2 | Yes | Yes | No | No | N/A | Coaches |
| | U6 Girls | IF06 | 6 – 8 | 4 v 4 | 35 x 25 | 4 x 6 | 3 | 4 | 5 | 10 | 2-5-2 | Yes | Yes | No | No | N/A | Coaches |
| | U7 Boys | IM07 | 6 – 8 | 4 v 4 | 40 x 30 | 4 x 6 | 3 | 4 | 10 | 10 | 2-5-2 | Yes | Yes | No | No | N/A | Coaches |
| | U7 Girls | IF07 | 6 – 8 | 4 v 4 | 40 x 30 | 4 x 6 | 3 | 4 | 10 | 10 | 2-5-2 | Yes | Yes | No | No | N/A | Coaches |
| | U8 Boys | RM08 | 8 – 9 | 5 v 5 | 45 x 35 | 6 x 12 | 4 | 4 | 10 | 10 | 2-5-2 | Yes | Yes | No | Yes | 2 Periods | Coaches |
| | U8 Girls | RF08 | 8 – 9 | 5 v 5 | 45 x 35 | 6 x 12 | 4 | 4 | 10 | 10 | 2-5-2 | Yes | Yes | No | Yes | 2 Periods | Coaches |
| Recreational (Fall) | U10 Boys | RM10 | 10 – 11 | 6 v 6 | 55 x 45 | 6 x 18 | 4 | 4 | 10 | 12 | 2-5-2 | Yes | Yes | No | Yes | 2 Periods | 1 |
| | U10 Girls | RF10 | 10 – 11 | 6 v 6 | 55 x 45 | 6 x 18 | 4 | 4 | 10 | 12 | 2-5-2 | Yes | Yes | No | Yes | 2 Periods | 1 |
| | U12 Boys | RM12 | 10 – 12 | 8 v 8 | 80 x 60 | 6 x 18 | 4 | 4 | 10 | 15 | 2-5-2 | No | No | Yes | Yes | 2 Periods | 2 |
| | U12 Girls | RF12 | 12 – 14 | 8 v 8 | 80 x 60 | 6 x 18 | 4 | 4 | 10 | 15 | 2-5-2 | No | No | Yes | Yes | 2 Periods | 2 |

Important Items to Remember: (1) In the Recreational and Instructional Leagues, each player must start and play the duration of two quarters per game (except in cases involving injury or penalty). If the number of players makes it impossible to follow this rule, then each player shall receive an equal amount of playing time. (2) In the High School League, each player must play at least one-half of the total regulation playing time of the game unless a waiver is granted by the League President. (3) Referees should always explain infractions to players when asked to do so respectfully. (4) Red cards must be reported to the League President within 24 hours. (5) In age divisions that do not allow a penalty kick, an indirect kick shall be substituted. (6) Any goalkeeper may be used during overtime play. (7) Teams must shake hands at the end of the game in a proper manner; otherwise, a Red Card should be awarded where appropriate. (8) MSA requires no minimum number of players to start a game. (9) If a team is unable to field as many players as the opposing team, the opposing team shall reduce its players on the field until equality is achieved. (10) The times listed for the Pre-Game Warm-Up and Minutes between Periods are only recommendations; the referee may alter them as necessary to keep games on schedule. (11) When only one referee is assigned to a game, the referee may use two club linesmen. (12) It is recommended that a team at U14 play a different goalie in each half.

| <i>The MSA Mission:</i> | Instructional League | Recreational League |
|--|--|---|
| <p>Our Mission: To provide opportunities for all youth of Michiana to play organized soccer. We stress skill development, discipline, teamwork, sportsmanship and achievement of one's personal best in a fun and positive manner.</p> <p>MSA will strive to promote the following ideals in all of its soccer programs:</p> <p>Player Development: MSA will emphasize player development ahead of winning. We will strive to ensure that each player has the opportunity to develop his/her technical skills and reach his or her potential as a soccer player. In order to maximize player development, coaches are expected to:</p> <ul style="list-style-type: none"> • Provide a minimum playing time for all players of at least one-half of each game; • Rotate field positions of players throughout the season; • Emphasize skills development over strategy and tactics. <p>Personal Best: MSA will strive to create an environment that enables each player to perform at his/her personal best, regardless of ability.</p> <p>Sportsmanship: The MSA staff, coaches and volunteer base will emphasize good sportsmanship.</p> <p>Commitment and Discipline: MSA believes that youth soccer should help develop commitment and discipline through instruction, conditioning, practice and competition that will help each child succeed in adolescence and adulthood.</p> <p>Teamwork: MSA soccer will stress the importance and power of teamwork and placing teamwork ahead of personal accomplishments.</p> <p>Fun and Positive Experience: Most importantly, MSA will always strive to make the game of soccer a fun and positive part of each player's experience.</p> | <p>The Instructional League goal is to provide every child with the opportunity to learn the game of soccer in a non-competitive, non-threatening, and fun environment.</p> <p>The objectives are as follows:</p> <p>Game Conditions: The "I" League games will be played on downsized fields with downsized teams. No score will be kept. No officials will be used, coaches will be on the field coaching, encouraging the players and providing structure to the game. The league will provide the coaches with the "rules of the game" and procedures to be used.</p> <p>Player Development: The "I" League will encourage the development of the individual skills of each and every participant. Each player will play a minimum of two quarters each game.</p> <p>Coaching Development: The "I" League will develop the skills of its coaches through a series of clinics designed especially for the beginner. This is an excellent opportunity for the coach to be introduced to the game of soccer and learn the game with the players.</p> <p>Parents' Role: Parents are expected to be supportive. They must understand the League is a non-competitive environment and act accordingly.</p> | <p>The Recreational League's goal is to provide opportunities and education for the players' development of individual skills, good sportsmanship, teamwork, the fun of the game, and healthy competition.</p> <p>Game Conditions: Recreational League teams play 8 games in which skill development is emphasized and <i>no scores are kept</i>.</p> <p>Player Development: The Recreational League will allow players the opportunity to learn and develop individual skills while working on team goals. All players will be provided with a minimum of two quarters of play per game. Players will be given the opportunity to play all positions on a team. Players will respect and abide by coaches' decisions and attempt to make all games and practices.</p> <p>Coaching Development: Coaches are expected to follow MSA coaching guidelines including sportsmanship. The Recreational League will assist in educating and developing the skills of coaches through a series of clinics which emphasize the development of players' skills over tactics and strategies. The MSA Coaching Director is available to provide resources and support for coaches.</p> <p>Parents' Role: The Recreational League parents are expected to be supportive of referees and players and coaches on both sides. We hope that parents will remember that volunteers have dedicated time toward the growth of their children as soccer players and that MSA Soccer is a game of fun and skill development for their kids.</p> |