

## SAMPLE LETTER TO PARENTS:

**Welcome to MSA Soccer**

**Team # :**

Here is some basic information about this season.

**Coach:** (Coach's name and contact info.)

**Asst Coach:** I need at least 1-2 volunteers to help with practices and games. You are probably going to be there anyway cheering for your child, why not help coach!

**Practices:** - (Day, Start Time – End Time)  
- (Location and Field – example Knollwood Field Blue 1)

**Parents:** - The goal for the season is to have fun and learn soccer.  
- Any parent who wants to help is welcome (even if only for one practice)

**Games:** - ARRIVE AT THE GAME 15 MINUTES EARLY PLEASE.  
- If you can't make a game, please let me know.  
- Visit [www.michianasoccer.org](http://www.michianasoccer.org) for field locations, etc.

**Snacks:** - We ask parents to bring a half-time and end of game snack.  
- A game and snack schedule is attached or coming soon.  
- Snacks should be something simple and nutritious to eat. If you can't bring the snack when you are scheduled, please make arrangements to trade with another parent.

### **Suggested Snacks:**

- We ask that all parents **avoid** bringing snacks that are high in sugar or saturated fats.
- Half-time snacks should be fruit, such as apples, oranges, grapes, or bananas.
- For after the game, **please refrain from bringing** candy, cookies, snack cakes, or juices with added sugar.
- Better choices are pretzels, trail mix, or crackers with peanut butter or cheese.
- Always make sure your child has a bottle of water available during and after practices and games.

### **What to Bring to Practices and Games:**

- Medical Release form: Complete and return to coach ASAP.
- Cleats (optional)
- Shin Guards and socks (required)
- Soccer Ball Size # – Each child needs one at practice.
- Water Bottle
- Warm clothing – It gets cold fast, especially once the sun sets.
- No jewelry (watches, necklaces, ear rings, etc)
- Coats sweats, etc. can be worn for games, if under the jersey.
- For games, game jersey and black shorts.

**Misc:** - Rain at Practice Time – We will practice in a light rain. Call COACH to confirm.  
- Rain at Game Time – We do play in the rain. The referees make the decision to call the game for Recreational League teams, and the coaches make the decision for Instructional League teams.  
- Feel free to ask questions.  
- Thanks in advance for your support.